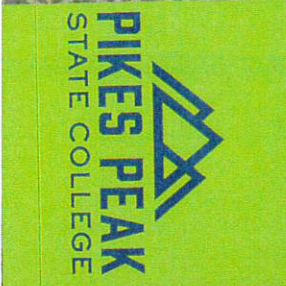


THE TRUTH BEHIND

The Prophecies of

The Arts



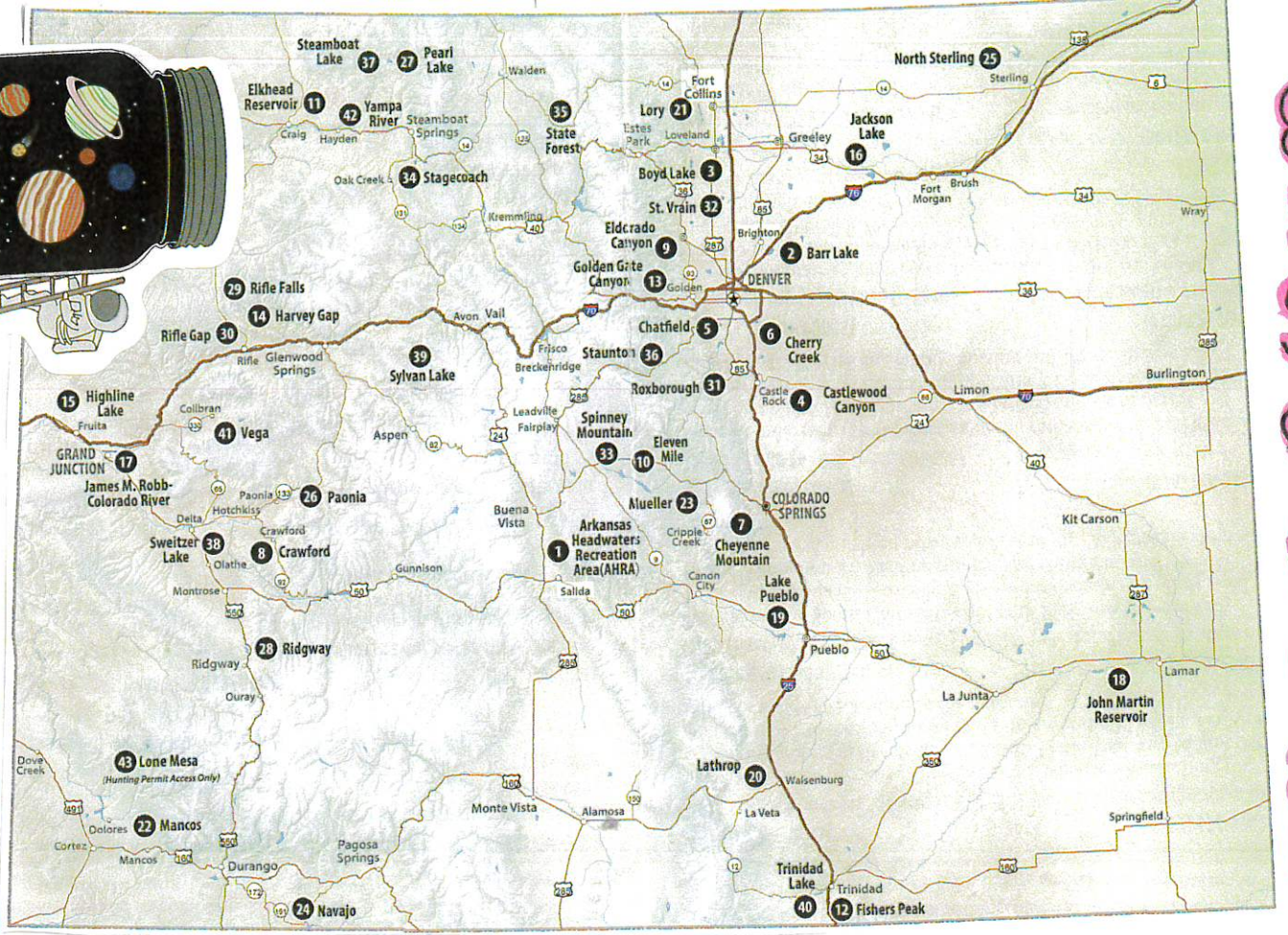
ADDITIONAL SELF-CARE

ZEBONE CLUB

OF PIKES PEAK



ushere are we



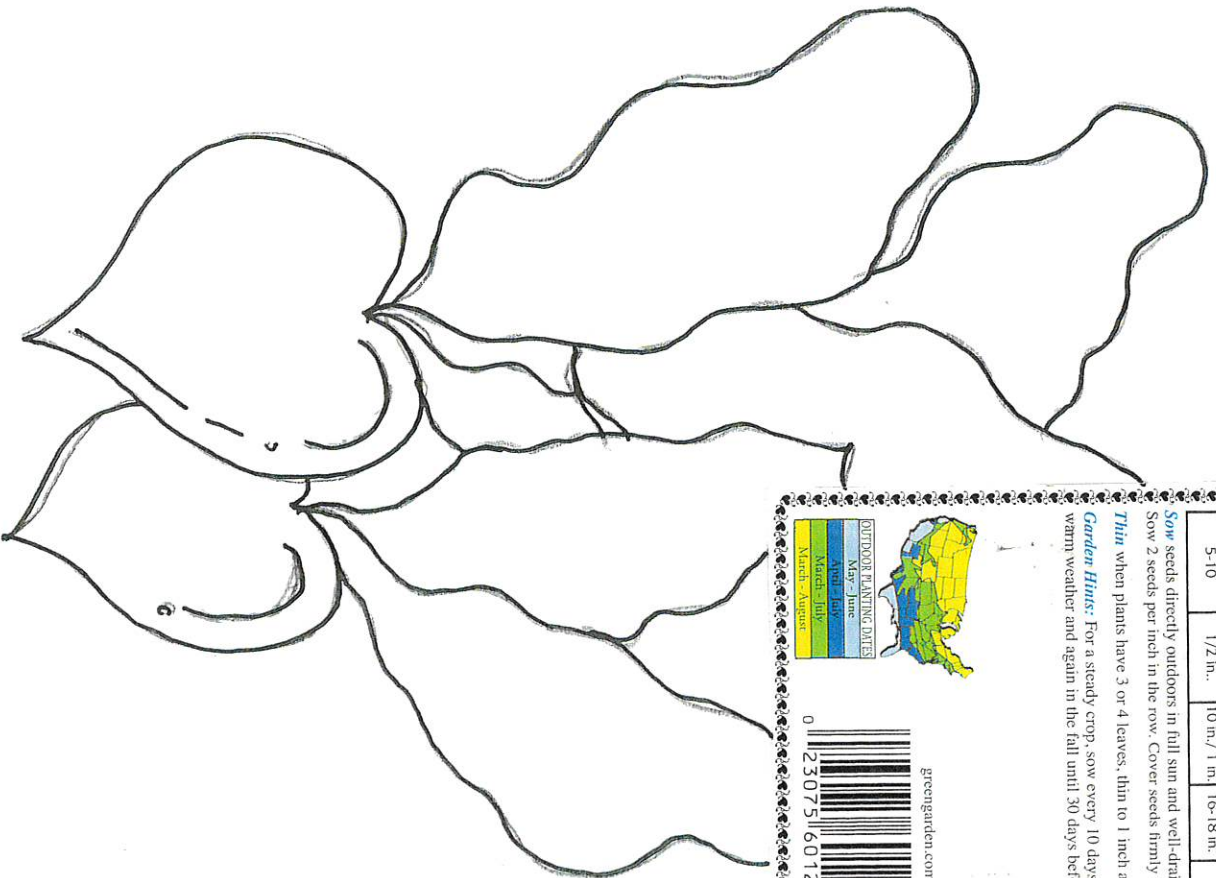
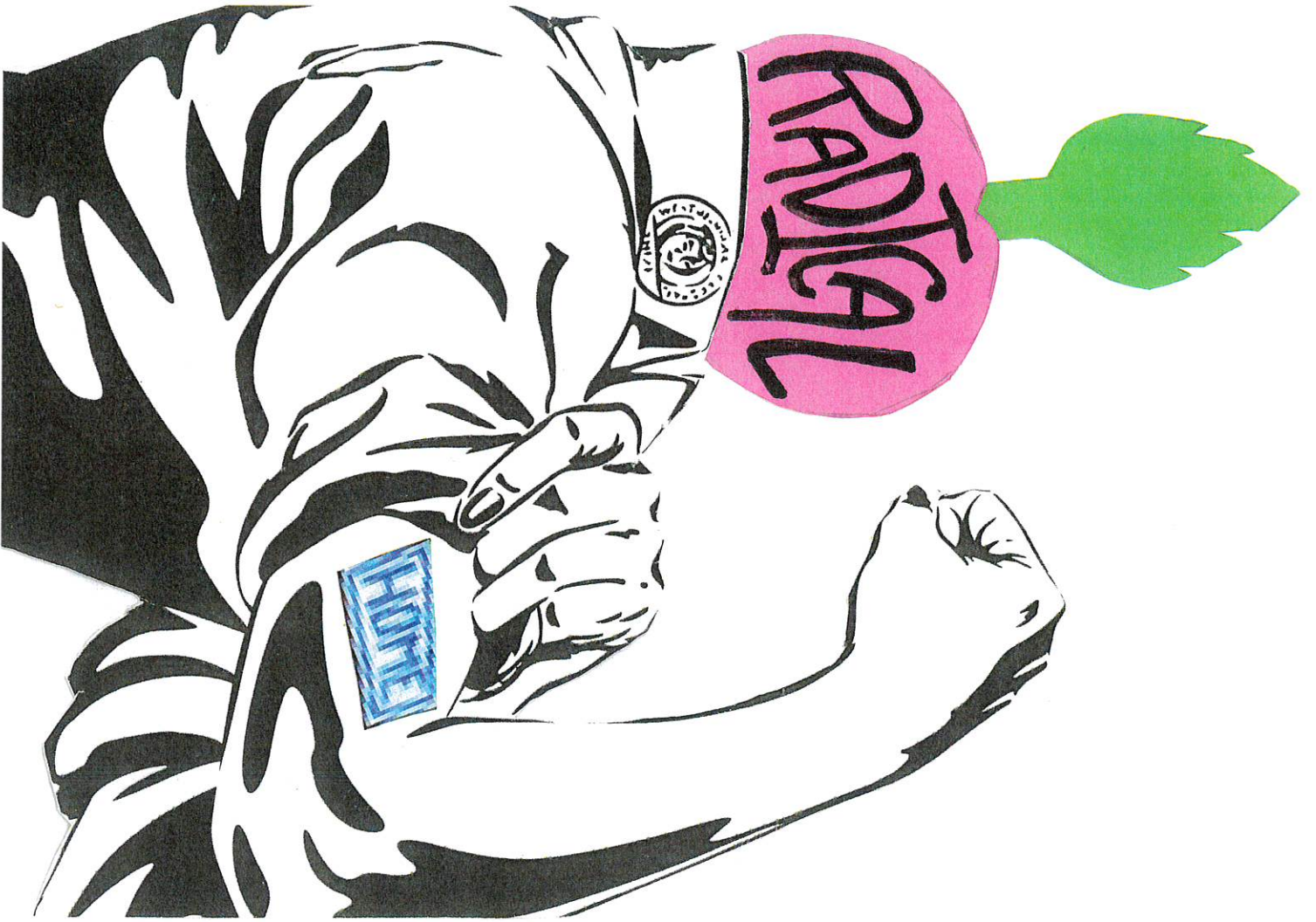
going?

I spent my twenties systematically running at every-thing that scared me—to outrun, of course, myself in the process.

This uncontrollable loss . . . brought about familiar questions: Who did this body belong to? Who was calling all the shots?

Our Culture is Our Resistance





Radish Early Scarlet Globe is a very early variety with bright red skin and white flesh. So crispy, crunchy, and delicious, this variety is a long-time favorite of gardeners everywhere. They go great on fresh salads, or simply enjoyed raw.

Days to Germinate	Depth to Sow	Seed Spacing	Height	Days to Maturity
5-10	1/2 in.	10 in./ 1 in.	16-18 in.	25

Sow seeds directly outdoors in full sun and well-drained soil. Sow 2 seeds per inch in the row. Cover seeds firmly with soil. Thin when plants have 3 or 4 leaves, thin to 1 inch apart.

Garden Hint: For a steady crop, sow every 10 days until warm weather and again in the fall until 30 days before frost.



OUTDOOR PLANTING DATES
 May-June
 April-May
 March-July
 March-August

greengarden.com



RADISH
 Early Scarlet Globe

ANGSY GUY'S GUIDE TO:

MAKING POLITICAL ART

AS A COPING MECHANISM!!

DISCLAIMER - DON'T WORK FOR EVERYONE, THAT SAID - MAKING ART IS NEVER POINTLESS.

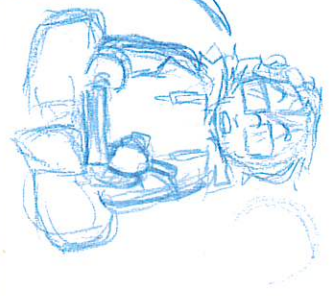
① LET THE ANGER / SADNESS / FEAR POWER YOUR NEED FOR CHANGE!



• Maybe take a chill pill on this step, don't let it consume you

② USE THAT IMAGERY YOU CANT STOP THINKING ABOUT!

EYES, RATS, SHEEP, WOLVES - ALL POPULAR OPTIONS I'VE PLAYED AROUND WITH - BUT SOMETIMES JUST ART OF SOMETHING, LITERAL IS ENOUGH!



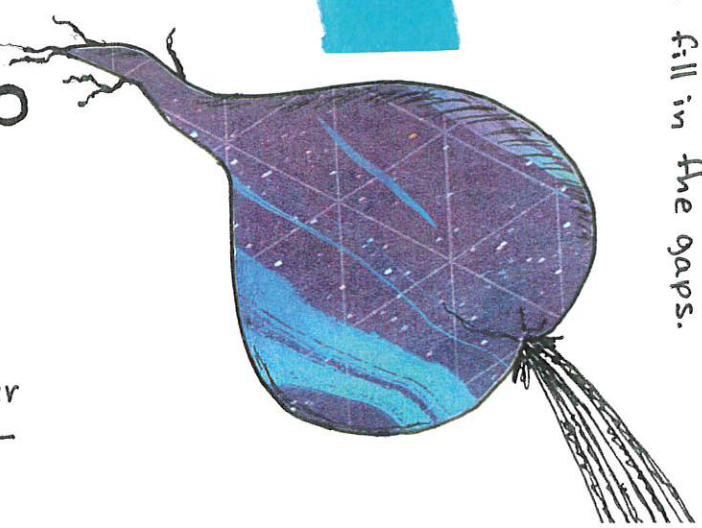
Self Care

RESOURCES

- Compile a list of everyone's skills.
- Find others who can fill in the gaps.

Support

- > Each other
- > Local businesses



REMEMBER

They want us scared, don't let the propaganda win!



RALLY

Political

- Find your people.
- Community is important right now.

focus

- ♥ Pick one or two current issues to focus on individually.
- ♥ Share with the group the key points.

TAKE

- ♥ Space away from media.
- ♥ Time to educate yourself and others.

Be **BOLD** Be **CLEVER** Be **FERAL**

③ PICK A QUOTE!*

*OPTIONAL, BUT GREAT ISNT!



SOMETHING THAT STUCK WITH YOU,
HURTS YOU TO VERY CORE — OR SOMETHING
STUPID SOME GUY IN POWER SAID TO ILLUSTRATE
HOW STUPID THEY ARE!

④ MAKE THE ART.

SCHOLARS CALL THIS THE HARDEST STEP.
(GOOD THINGS) TO REMEMBER:

- THERE'S NO SUCH THING AS BAD ART. EVEN IF THERE WAS — WHO CARES?? MAKE BAD ART. EVERY GREAT ARTIST MADE "BAD ART" AT SOME POINT.
- MEDIUM DOESN'T MATTER PEN, PENCIL, PAPER? GREAT. PAINT? CAMERA? PIXELS? WORDS OR LINES OR SHADES OR COLORS — IN ALL ART.
- IT CAN BE JUST FOR YOU. YOU DON'T HAVE TO SHARE OR MAKE A WADE WITH THE BEST PIECE OF ART OF ALL TIME. THE POINT OF DOING IT AS A LOPING MECHANISM IS TO PUT ALL THOSE BIG FEELINGS YOU HAVE INTO A DIFFERENT BOX THAN YOURSELF.

⑤ REPEAT AS NECESSARY!

THE WORLD KEEPS TURNING, AND SADLY IT KEEPS
BURNING. DON'T LET IT KILL YOU.

MAKE ART.

FIND WHAT YOU'D

DIE FOR.

AND THEM

LIVE FOR IT



initial meaning

Early uses of "radical" emphasized the idea of being fundamental or originating from the base.

over time, "radical" gained a more figurative meaning, including extreme views and ideas

evolution of meaning

In politics, "radical" came to describe those who favored fundamental or far-reaching changes.

Political Context





ONLINE

SALE

SECURITY

ONLY

CHECK

25%

TV

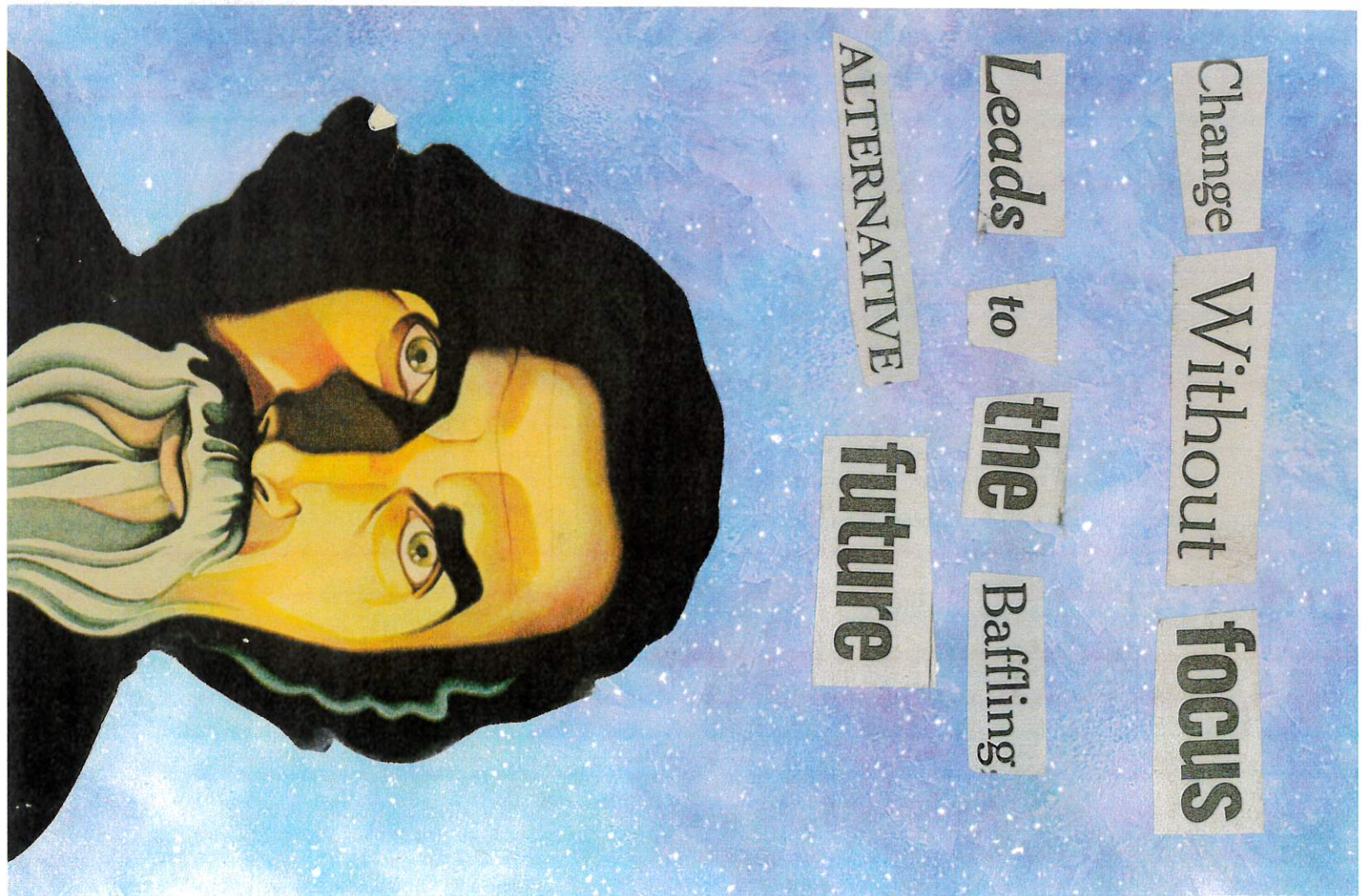
VIDEO

24/7

ANYTIME

Latin Root

The core of the word lies in "radix" and its derivatives like "radicals"



Change

Without

focus

Leads

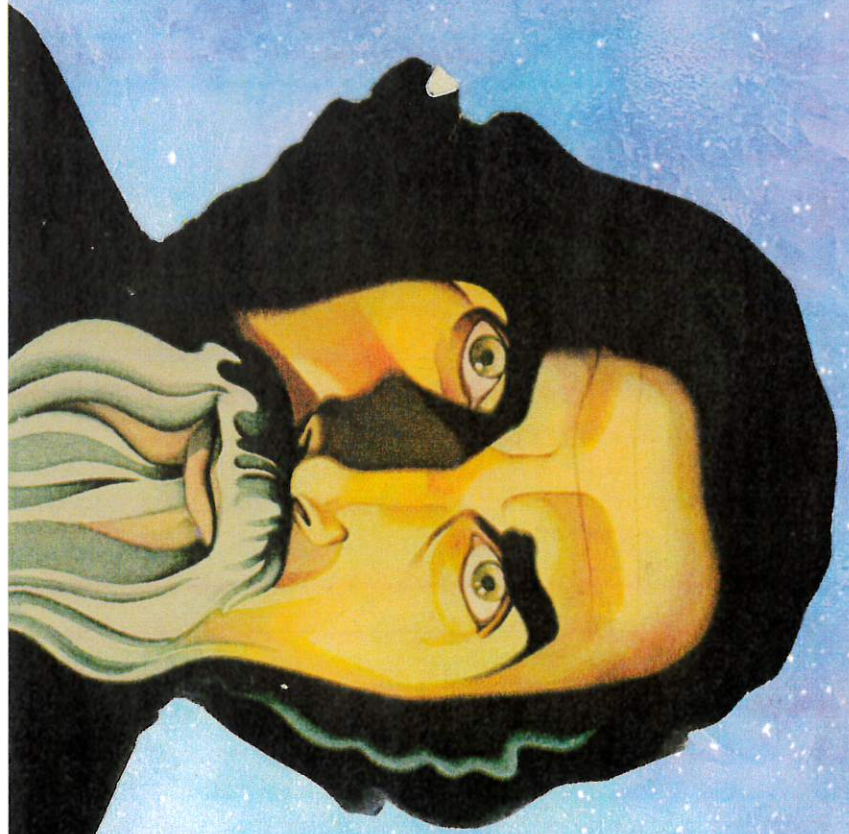
to

the

Baffling

future

ALTERNATIVE



that's the knife edge
of fear — we
must push
against it
to live ...

for the same
reason we
must breed
its warning.



IF the bombs
feel far away,
press your ear to
the ground

The whole Earth
cries for
justice

Every worker should
have the resources
to achieve
a safe
work environment



A	□	H	◦	Γ	∟	◻	Ш	≡	∇	∫
B	∩	L	∩	∇	∟	◻	≡	≡	∇	∫
C	◦	M	∇	∟	∩	∩	≡	≡	∇	∫
D	Γ	N	∇	∟	∩	∩	≡	≡	∇	∫
E	∟	O	∩	∩	∩	∩	≡	≡	∇	∫
F	◻	P	∩	∩	∩	∩	≡	≡	∇	∫
G	Ш	Q	∩	∩	∩	∩	≡	≡	∇	∫
H	≡	R	∩	∩	∩	∩	≡	≡	∇	∫
I	∇	S	∩	∩	∩	∩	≡	≡	∇	∫
J	∫	T	≡	≡	≡	≡	≡	≡	∇	∫
K	∩	U	∩	∩	∩	∩	≡	≡	∇	∫
L	O	V	∩	∩	∩	∩	≡	≡	∇	∫
M	∩	W	∩	∩	∩	∩	≡	≡	∇	∫
N	∇	X	∩	∩	∩	∩	≡	≡	∇	∫
O	∩	Y	∩	∩	∩	∩	≡	≡	∇	∫
P	∩	Z	∩	∩	∩	∩	≡	≡	∇	∫
Q	∩									
R	∩									
S	∩									
T	≡									

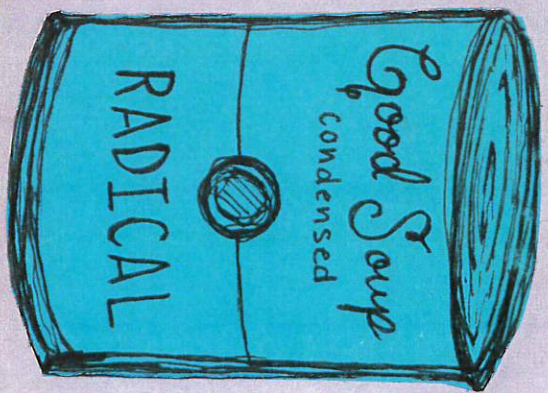
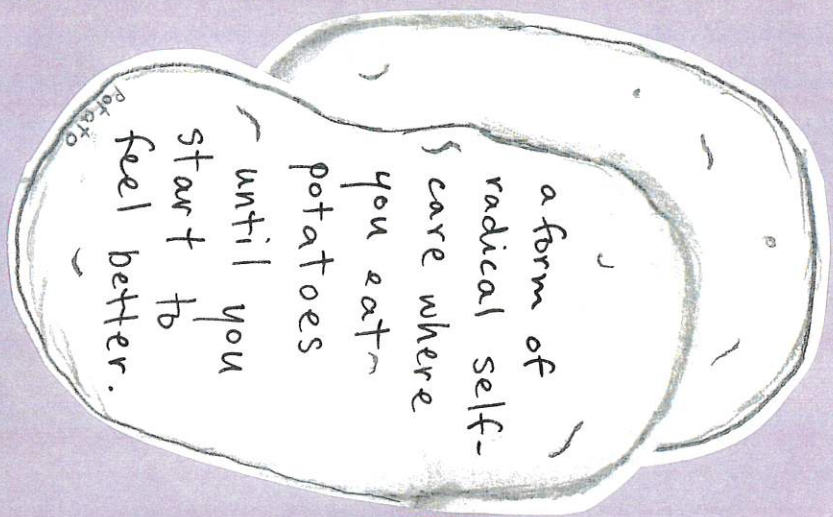
Find your friend



- Ш □ ∥ ∥ ∫ ≡ ≡
- ∩ ∥ ∫ ∫ ∇ ∫
- ∥ ∇ ∥ ∥ ∫ ∥ ∥
- ∩ ∫ ∥ ∥ ∇
- ∫ ∫ ∩ ≡ □
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IN THE COMPANY OF STRANGERS



STARCH
MADNESS:

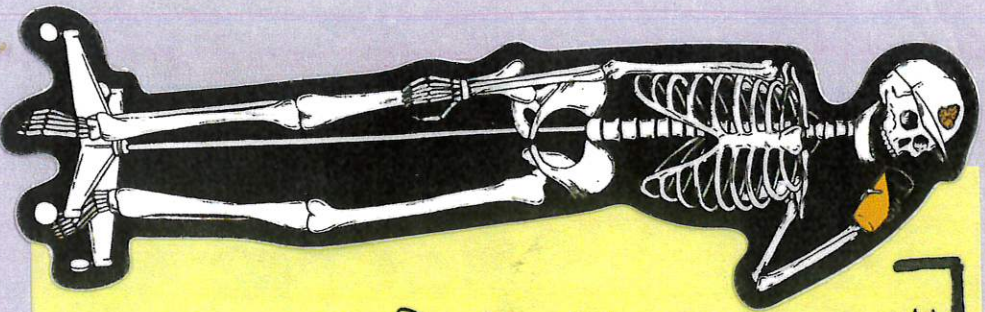
RESOUP:

a form of
 radical self-
 care to help
 recover after
 a long day.
 ("I need to go
 home and resoup.")



I wonder if that's what dying is: a fight from fear, of wings against the sky, hands across piano keys, steps to freedom.

From the way
my cheeks hurt
and my eyes
squinted, I
imagine I looked
like a feral
animal baring
its teeth for
the first time.



What would YOU want to take with you in an afterlife?



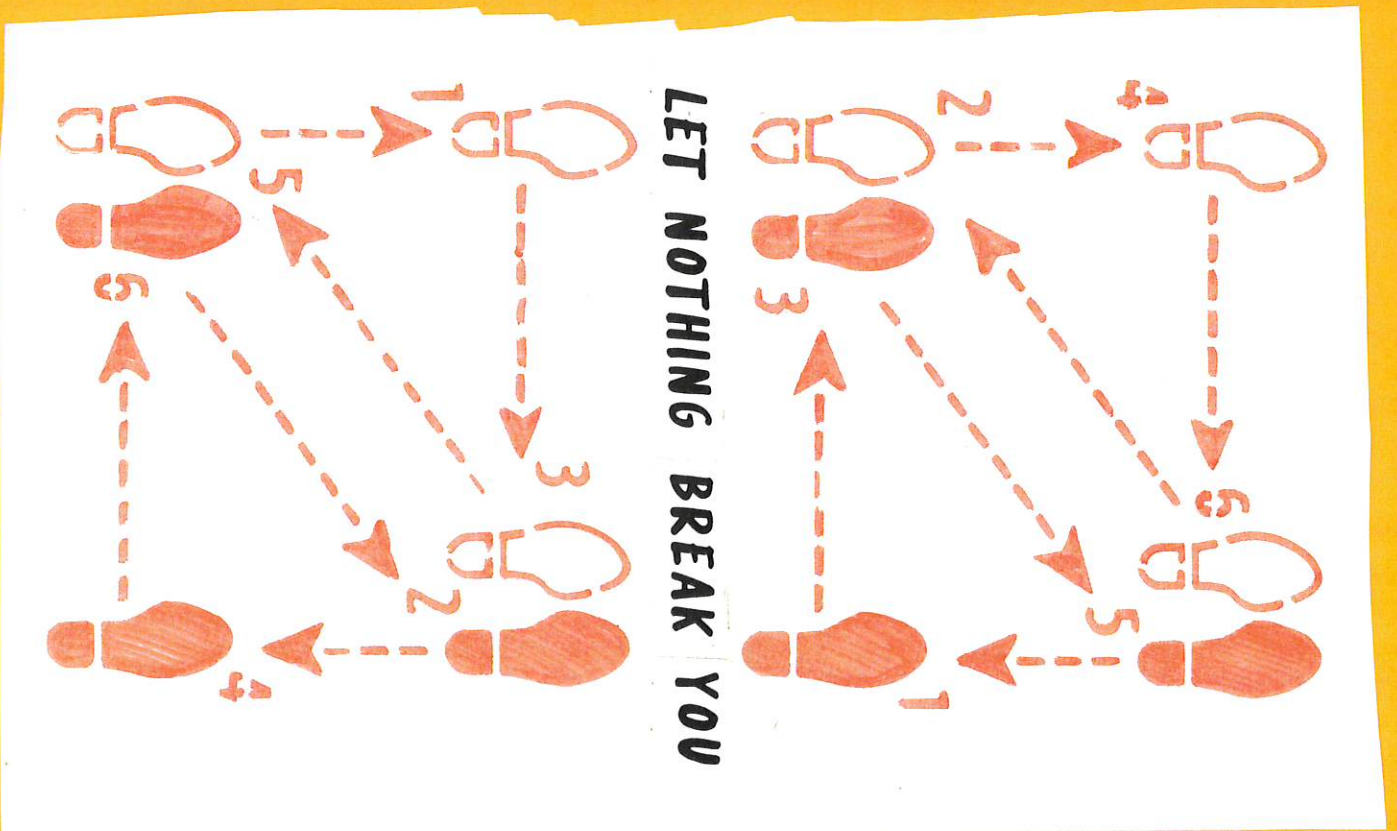
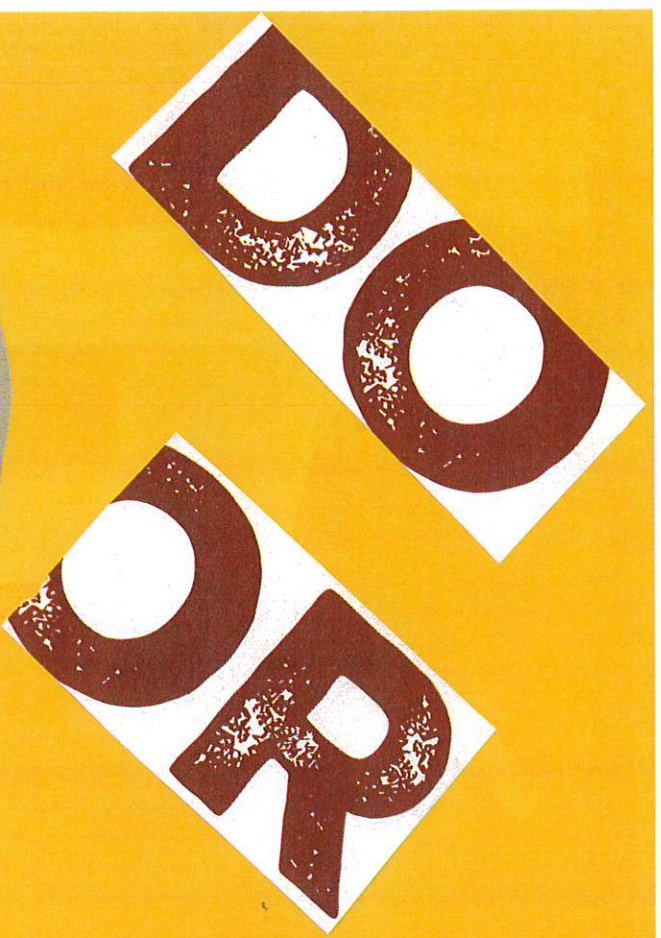
IN TRANSIT

(name and age)



The Past is Present

Recovering Our Historical Memory



HAVE WHAT IT TAKES

to

BREAK

FEAR

CENTER

YOURSELF

REMEMBER

WHAT

COMES

NEXT...

We Can Do It!

cut here

¡Si Se Puede!



If you have methods to
Sincerely,